



## FILE NOTE NORTH BARRIER BRANCH Youth Committee



### SURF LIFE SAVING CENTRAL COAST (NSW) VISIT TO NORTH BARRIER BRANCH (SLSQ) POINTS OF INTEREST

#### 1. ATTENDANCE

##### 1.1 NORTH BARRIER BRANCH REPRESENTATIVES

Jeremy Best	Arcadian/SLSQ-LDOTSV (Facilitator)
Michela Best	Arcadian (Facilitator)
Mitchell Nugent	Arcadian
Marion Jones	Ayr
Cheryl Best	Arcadian/NBB DOMS (Sunday)
Michael Best	Arcadian (Bus Driver)

##### 1.2 SURF LIFE SAVING CENTRAL COAST REPRESENTATION

26 Members of the SLSCC Youth Leadership Group	
Aaron Camp	SLSCC Director Membership Services (Facilitator)
Simon Cusack	Duty Officer (Facilitator)
Darren Jameson	Manager of Equipment (Facilitator)
Toni Jones	Manager of Junior Education (Facilitator)

#### 2. NOTES OF INTEREST

##### 2.1 ARRIVAL/TRAVEL

Upon arrival into Townsville, SLSCC was greeted at the Airport by Jeremy Best and Michael Best for shuttling to Sealink Ferry Terminal. The bus was supplied by Arcadian SLSC for this service.

Michela Best met the crew at the Ferry terminal for the trip over to Magnetic Island, here she was also accompanied by Marion Jones

##### 2.2 MAGNETIC ISLAND FIRST NIGHT

Upon arrival to Magnetic Island the group made the trip to Alma Bay, where they greet by Mitchell Nugent and introduced to the clubhouse, Alma Bay and the facilities that Magnetic Island had to offer. The group then had some free time before dinner, before doing through a Social Media/Bullying Presentation with Darren Jameson

##### 2.3 SUNDAY

Early Sunday morning, SLSCC had planned to go snorkelling, unfortunately due to the weather (rough conditions, cloud cover), they opted to hold off. Instead Mitchell took the group on a walk up to the forts, to see some of the World War artefacts.

Some of the group decided not to walk and stay back, during this time this small portion of the group ran through a SWOT analysis activity with Darren on a proposal



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that had been formally put towards their branch. This gave the group an insight into how decisions are made and all the background planning that goes into initiatives.

Upon return from the forts and after lunch, Jeremy Best gave a talk about North Queensland lifesaving and some of the difficulties and differences faced in North Queensland. He also dispelled some myths (like “North Queensland doesn’t get rips” and “Croc’s are a common occurrence”).

After this SLSCC finally got the chance to go snorkelling, although the visibility wasn’t too great, they finally understood what the North Barrier guys meant when we said “the water is cold!”

The night consisted of a couple of games whilst the final night activity was setup. Once setup the groups were divided up and rounds of “Thank God You’re Here” started, these were really interesting to watch how each different person dealt with a situation they weren’t expecting to be put in. Keep posted we may use this activity in the future.

As we were all going to bed, we laid the mattresses out in the main room and fell asleep to a movie (Pitch Perfect), ready for the final day.

#### **2.4 MONDAY**

Monday morning those that were up bright and early went for a surf (while it was up), then it was down to cleaning the clubhouse before leaving. SLSCC participated in a quick reflection, before presenting Jeremy and Arcadian with a cap with letting them stay. We then caught the bus back to the mainland and did the shuttle back to the Airport.

#### **2.5 SUMMARY**

Overall the facilitation on the North Barrier Branch side was very easy, and well managed. SLSCC Youth and facilitators were hugely grateful and enjoyed their time thoroughly. There have already been preliminary talks for some SLSCC Members to come back and patrol over the summer so keep posted.

